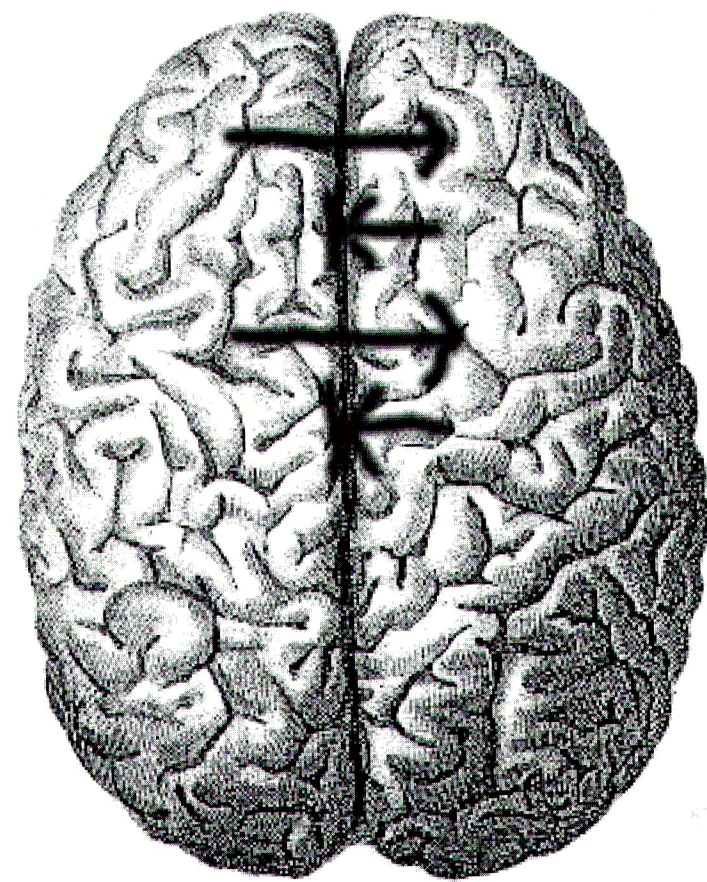


Brain Skew

by Perry Sill <psill@brainskew.com>

The term "brain skew" designates an imbalance in communication between the left (LH) hemisphere and right (RH) hemisphere such that communication is more or less free-flowing in one direction but is in some important way blocked in the other. Shame and guilt are key to explaining brain skew, as a block in communication to the RH is isomorphic with the covering up of the self in shame, while a block in communication to the LH is isomorphic with protecting the integrity of the object in guilt. Brain skew can be measured using the FAIBS (Facial Asymmetry Indicates Brain Skew) paradigm.

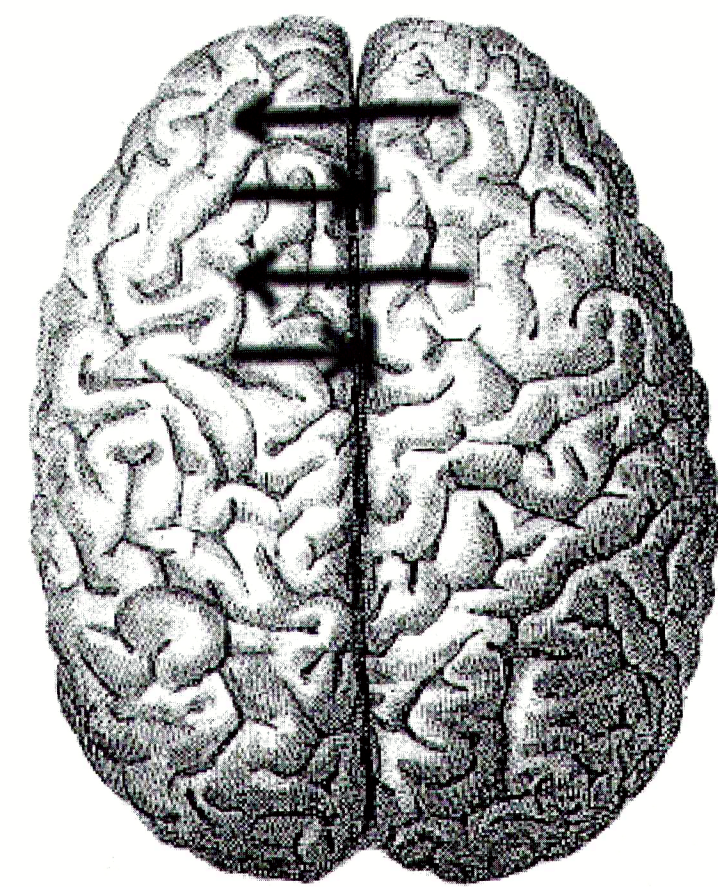
Brain Skew Right (The "L-type")



*The 17th Annual Congress of the
International Neuropsychanalysis Society
Chicago July 7, 2016 - July 10, 2016*

*"A genuine glimpse into [the mind-brain relation] would
constitute the scientific achievement, before which all
past achievements would pale." ~ William James, 1890*

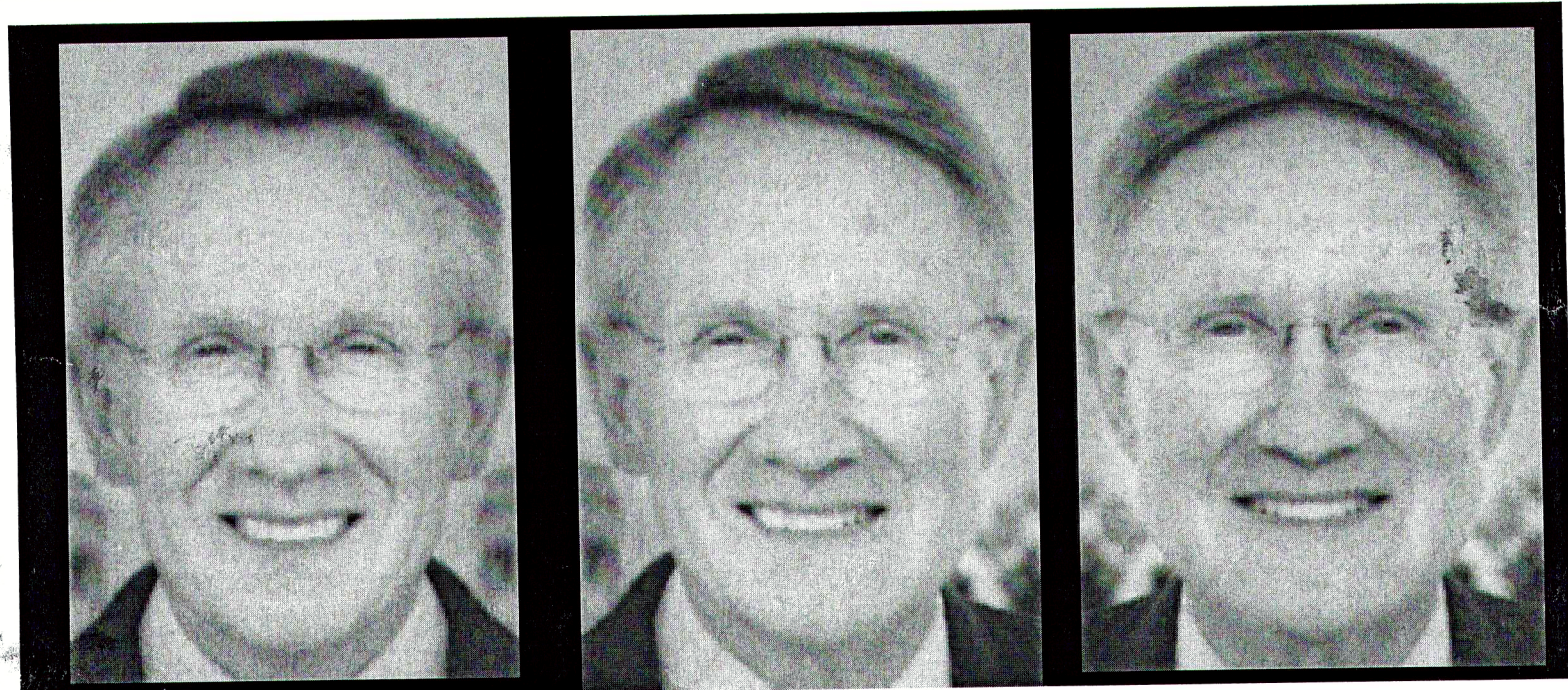
Brain Skew Left (The "R-type")



Right Face
Composite

Liberal
Senate Leader
Harry Reid

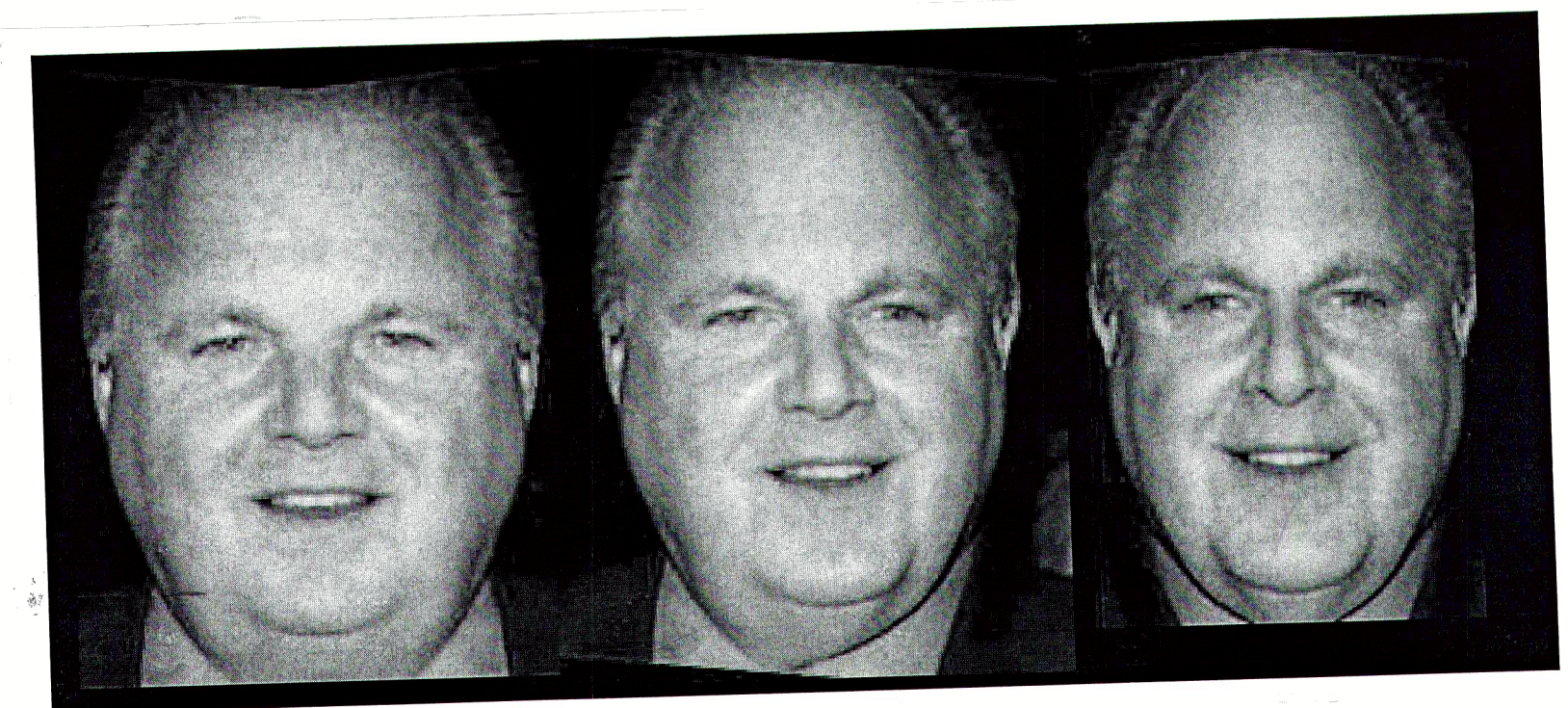
Left Face
Composite



Right Face
Composite

Conservative
Radio Host
Rush Limbaugh

Left Face
Composite



FAIBS Paradigm

Since brain skew right is incompatible with the feeling of shame, the L-type is shame-intolerant, shame-avoidant, and hypersensitive to shame. He can't properly process or work through the feeling of shame and in more extreme cases can't even stand to feel shame.

The inability to tolerate shame in brain skew right is identical to the dynamic in the narcissistic personality, which is characterized by an inflated sense of one's own importance and distress at the shame that would come from his importance being diminished. The extreme form of this is NPD (Narcissistic Personality Disorder).

In the more extreme case of brain skew right where the L-type has NPD, the information transfer from the LH to the RH or conceptually from outside to inside is isomorphic with his having a narcissistic wound which is repetitively salved in his inner world, endlessly, a wound that never heals.

Shame and Guilt

Personality

Psychodynamics

Since brain skew left is incompatible with the feeling of guilt, the R-type is guilt-intolerant, guilt-avoidant, and hypersensitive to guilt. He can't properly process or work through the feeling of guilt and in more extreme cases can't even stand to feel guilt.

The inability to tolerate guilt in brain skew left is identical to the dynamic in the compulsive personality, which is characterized by a harsh conscience and distress at the guilt that would come from doing something wrong. The extreme form of this is OCPD (Obsessive-Compulsive Personality Disorder).

In the more extreme case of brain skew left where the R-type has OCPD, the information transfer from the RH to the LH or conceptually from inside to outside is isomorphic with his wielding a compulsive hammer to repetitively hammer down nails or fix problems in his outer world, endlessly, being on a perfectionistic treadmill.